

Position Statement: *To be adhered to in line with the CCG Prescribing Policy*

Treatment	Specialist Infant Formula & associated Products
Commissioning position	<p>Herefordshire & Worcestershire CCG expect that where infant formula for reflux, lactose intolerance or soya alternatives are available to buy from a retail outlet, e.g. supermarket, community pharmacy or online, that parents/carers will purchase their own milk(s).</p> <ul style="list-style-type: none"> • Herefordshire & Worcestershire CCG do not support the prescribing of products for colic. • Herefordshire & Worcestershire CCG expect prescribers not to prescribe ready to drink formula for pre-term infants unless there are specific clinical indications; e.g. immunocompromised infants. <p>Exemption from prescription charges does not exempt an individual from this position statement.</p>
Summary of Evidence and Safety; including Product and Price Comparison	<p>This position statement should be read in conjunction with the CCG Prescribing Guidelines for Specialist Infant Formula which describes safe prescribing and use of infant formula based on clinical evidence and current Department of Health recommendations.</p> <ol style="list-style-type: none"> a) Anti-reflux Milks: The NHS Health A-Z website¹ refers to these products as being available to purchase rather than via a prescription on the advice of a healthcare professional. Anti-reflux milks are available at a similar price to standard formula from retail outlets; e.g. supermarkets or pharmacies. Examples include Aptamil[®] anti-reflux, Cow & Gate[®], Enfamil AR[®], SMA Stay Down[®]. b) 'Comfort milks': are not recommended on the NHS Health A-Z website¹ because there is insufficient good quality evidence to support their use. The prescribing of 'comfort milks' is not supported in Herefordshire & Worcestershire CCG. Examples include Aptamil Comfort[®], Cow and Gate[®] Comfort, SMA Comfort[®]. c) Lactose Free Formula: The NHS Health A-Z website¹ refers to these products as being available to purchase rather than via a prescription. Herefordshire & Worcestershire CCG expect lactose free formula to be purchased. These are available at a similar price to standard formula from retail outlets; e.g. pharmacies or supermarkets. d) Soya Formula: The NHS Health A-Z website¹ refers to these products as being available to purchase rather than via a prescription on the advice of a healthcare professional. Herefordshire & Worcestershire CCG expect that soya-based formula should be purchased. Further guidance on the appropriate use of these milks is available within the CCG Prescribing Guidance document in line with national recommendations. Example soya milk preparation is Wysoy[®]. e) Infant Colic: Department of Health advice² to CCGs is that a prescription for treatment of infant colic should not routinely be offered in primary care as the condition is self-limiting and will clear up on its

	<p>own without the need for treatment. The prescribing of products for colic including Infacol®, lactase enzyme drops, e.g. Colief® is not supported by Herefordshire & Worcestershire CCG.</p> <p>f) Ready to drink formula for pre-term infants: Herefordshire & Worcestershire CCG expect that ready to drink formula for pre-term infants is not prescribed unless there are specific clinical indications, e.g. immunocompromised infant³. Examples include Nutriprem 2 liquid®, SMA Gold Prem 2 liquid®.</p> <p>g) Other milks described as Hungrier Baby Formula, Goodnight Milk, Growing Up Milk and Follow on Formula Milk should not be prescribed at NHS expense.</p>
Approved Date for Review	<p>April 2020 April 2023 <i>or sooner if additional national guidance and/or published evidence is made available</i></p>
References	<ol style="list-style-type: none"> 1. NHS Health A-Z website: Types of formula milk - NHS 2. https://www.england.nhs.uk/wp-content/uploads/2018/03/otc-guidance-for-ccgs.pdf 3. Prescqiipp Bulletin 146. Appropriate prescribing of specialist infant formulae (foods for special medical purposes) November 2016. https://www.prescqiipp.info/infant-feeds/send/93-infant-feeds/3141-bulletin-146-infant-feeds. Accessed on 2/12/19 4. Department of Health CMO's Update 37. http://www.second-opinions.co.uk/soy-online-service/04070176.pdf