

Learning Disability Register Inclusion Tool

- This is a checklist for GPs to assist them in identifying a person with a learning disability.
 - This is not a diagnostic tool so always apply sound clinical judgement.
 - The aim of this tool is to identify people who would benefit from being on the GP practice's Learning Disability register.
 - Inclusion on the register does not mean that the person will automatically be eligible for specialised learning disability services – that decision is based on needs.
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Definition of a learning disability: A significantly reduced ability to understand new or complex information, to learn new skills (significantly impaired intelligence) **AND** a reduced ability to cope independently, (impaired social / adaptive functioning) **AND** which started before adulthood (onset before aged 18) with a lasting effect on development.

Questions to consider:

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| Did person attend any special schools or were they statemented in mainstream school? Do they have an Education Health & Care Plan (EHCP)? | Yes / No |
| Is there a diagnosis of a learning disability/mental handicap in any notes? IQ under 70 (please refer to read code list of definite and potential diagnosis of a learning disability) | Yes / No |
| Is the person known to the Learning Disability Service? | Yes / No |
| Is the person under care of a consultant psychiatrist for learning disability? | Yes / No |
| Has anyone ever told the person that they have a learning disability? | Yes / No |
| Did the person achieve qualifications at school? (GCSE at low grades could indicate LD but high grade GCSE, A Levels or university education, then LD is not likely) | Yes / No |
| How does the person function in society? Does the person need support with activities of daily living? | Yes / No |
| Does the person need help to read i.e. appointment or other official letters? | Yes / No |
| Does the person have problems with simple numerical calculations? (i.e. "If I gave you £5 to buy milk and milk costs £1.50 – how much change would you have left?") | Yes / No |
| Does the person need assistance with transport? (unable to get around independently?) | Yes / No |

Does the person have difficulty with: (tick)

Communicating needs	<input type="checkbox"/>	Writing	<input type="checkbox"/>	Self-Care	<input type="checkbox"/>
Living independently	<input type="checkbox"/>			Interpreting social cues	<input type="checkbox"/>
Controlling their behaviour	<input type="checkbox"/>			Co-ordinating movement	<input type="checkbox"/>
Learning new skills	<input type="checkbox"/>	Understanding new or complex information			<input type="checkbox"/>

NB: A person may not be able to achieve these things at the time of the assessment due to a sensory impairment (hearing or sight impairment) or because English is not their first language

Several ‘yes’ answers could indicate the person has a Learning Disability

Factors which MAY indicate No learning disability	Factors that MAY indicate a learning disability
<ul style="list-style-type: none"> ▪ Normal development until other factors impact (before 18) ▪ Diagnosis of ADHD, dyslexia, dyspraxia or Asperger’s ▪ Successfully attended a mainstream education facility without support ▪ Gained qualifications (GCSE and/or A Levels) ▪ Able to function socially without support ▪ Independently manage their financial commitments ▪ Able to drive a car ▪ Contact with mental health services ▪ Recorded IQ above 70 	<ul style="list-style-type: none"> ▪ Record of delayed development/difficulties with social functioning & daily living before the age of 18 ▪ Requires significant assistance to undertake activities of daily living (eating & drinking, attending to personal hygiene, wears appropriate clothing) and/or with social/ community adaptation (e.g. social problem solving/reasoning). NB: need for assistance may be subtle ▪ Range of information presenting a picture of difficulties in a number of areas of function, not explainable by another condition ▪ Contact with specialist Learning Disability service or consultant psychiatrist ▪ Attendance at specialist education facility for people with intellectual delay

If you believe that the patient should be included on the learning disability register the please use the code for “on learning disability register” as below:

EMIS/version 2 – 918e
System 1/version 3 – XaKYb
SNOMED – 416075005